



Careers

Joined Up Care Derbyshire

joinedupcareers.co.uk

Careers in Health and Social Care

Welcome to the Young Careers Newsletter - 20 February 2026

Hello everyone!

This regularly updated newsletter showcases the latest entry-level opportunities in Health and Social Care across Administration, Care & Clinical and Estates & Facilities. It also highlights local apprenticeships opportunities and provides links to job search resources and support.

If you have any suggestions or ideas to improve this newsletter, please feel free to share them with us.

My colleagues and I are here to help you with any questions you might have about finding a role in Health and Social Care.

You can reach us at:

ddicb.joinedupcareers@nhs.net

Warmest wishes,
Gabi Johannesmann
Careers Team, Joined Up Care Derbyshire



The winning name for our Care Leavers Programme



Derbyshire County Council

- [Derbyshire - Jobs and careers - Homepage](#)
- [Administration/Clerical/Customer Service](#)
- [Care/Social Work](#)
- [Caretaking/Cleaning/Security](#)
- [Catering](#)
- [Education - Non-Teaching/Support Services](#)

Derby City

- [Jobs and careers - Derby City Council - Homepage](#)
- [Subscribe to Derby Jobs Weekly - Derby City Council newsletter](#)
- [Adult social care - Derby City Council](#)
- [Finding an apprenticeship - Derby City Council - general overview of websites](#)
- [Search results \(webitrent.com\) - Jobs in Admin, Care, Cleaning and Catering](#)

NHS Jobs Website

- [NHS JobsLink - search results for 'Derby'](#)
- [Results for the Chesterfield area \(30 miles radius\)](#)

Work Experience

[Chesterfield Royal Hospital Work Experience](#)

[University Hospitals of Derby and Burton NHS Foundation Trust \(UHDB\) Work Experience Programme \(check if still paused\)](#)

[Derbyshire County Council Work Experience & Online Application Form](#)

[Virtual Work Experience Programme for Careers in the Health and Social Care Sector Registration Form](#)

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Vacancies



Administration

Overdale Medical Practice

Receptionist

The closing date is 26 February 2026

Main duties of the job

Receive, assist and direct patients in accessing the appropriate service or healthcare professional in a courteous, efficient and effective way.

Provide general assistance to the Practice team and project a positive and friendly image to patients and other visitors, either in person or via the telephone.

Organising new and follow-up appointments for patients, processing prescriptions, contacting patients with the results of tests, liaising with other teams to ensure that information about patients is passed on to the right person.

Person Specification

Knowledge and skills

Essential

- Advanced numeracy skills
- Excellent keyboard and computer skills
- Excellent communication skills

Experience

Essential

- Experience of Microsoft Office software





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Care and Clinical

Avery Healthcare Group Ltd.

Wellbeing and Activities Assistant

The closing date is 13 April 2026

Job summary

As a Wellbeing and Activities Assistant at Middleton Lodge Care Home in Derby, you will play a crucial role in supporting the Wellbeing Coordinator in providing a wide range of activities to engage and stimulate the residents' physical, cognitive, and social well-being. You will be part of a dedicated team committed to creating meaningful experiences for our residents and fostering a supportive and inspiring environment.

Main duties of the job

Your focus will be to support the Wellbeing Coordinator in providing a wide range of activities to engage and stimulate the resident's physical, cognitive, and social well-being. Other responsibilities will include maintaining a safe living and working environment, contributing to the positive and professional image of the home, reporting any changes in residents' physical or emotional condition, and supporting with ordering and preparing supplies for upcoming activities.

Shift details; Mon- Sun on a rostered basis, days between 0800-2000



Estates and Facilities

Avery Healthcare Group Ltd.

Kitchen Assistant - Bank

The closing date is 31 March 2026

Job summary

This is a temporary Kitchen Assistant role at Avery Healthcare's Derby Heights Care Home in Littleover. As a Kitchen Assistant, you will be supporting the catering function in food preparation and maintaining a clean environment for the safe production of beverages and meals, ensuring a high-quality and comprehensive service is delivered to residents. The role requires a Basic Food Hygiene Certificate, knowledge of Health and Safety, and a caring and understanding attitude towards the residents.

Main duties of the job

Your focus as Kitchen Assistant is to support the catering function in food preparation and maintaining a clean environment for the safe production of beverages and meals, ensuring a high-quality and comprehensive service is delivered to residents. Other responsibilities will include understanding the principles of safe food handling, contributing to teamwork, advising on the supply and quality of items used, and acting accordingly towards residents and their visitors.





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Apprenticeships

Apprentice Dental Nurse - Derby

Remarkable Smiles - Derby
52-56 Curzon Street Derby (DE1 1LP)
Closes Friday 13 March 2026

Summary

The apprenticeship in dental nursing is an 18-month government funded course by City & Guilds, a Level 3 Extended Diploma. Alongside your learning your job role within the practise will entail assisting dentists, sterilising & preparing equipment, reception duties and supporting patient experience.

Wage

£15,704 for your first year, then could increase depending on your age. National Minimum Wage rate for apprentices
Check minimum wage rates (opens in new tab)

Training course Dental nurse (GDC 2023) (level 3)
Hours Monday, Tuesday, Wednesday and Friday, 8.30am - 5.20pm.
Thursday, 8.30am - 7.10pm.
40 hours a week

Start date

Monday 16 March 2026

Duration

1 year 6 months

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Career Support for Health and
Social Care Jobs - for young
people with Care Experience

